

## **Dr. Rae Nicole St. Arnault, Naturopathic Physician (#661)**

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### **Physician's Policies & Consent for Naturopathic Treatment**

Naturopathic Medicine is considered a primary healthcare service in British Columbia, which focuses on individualised treatment, the prevention of disease, and the choice of less harmful (or more "natural") treatments. Naturopathic physicians are licensed to diagnose and treat illness, and provide a wide range of treatment options, including nutritional and lifestyle counselling, botanical medicine, acupuncture, homeopathy, laboratory diagnosis, supplements, vitamins, and pharmaceutical prescriptions. We are governed by the Health Professions Act of BC and the Canadian College of Naturopathic Physicians of British Columbia (CNPBC).

It's our goal to provide quality healthcare by spending more time with people, therefore cultivating a doctor-patient relationship that is built on mutual trust and respect. For this reason, the first visit is often spent gathering all the required health information needed to make further assessment, and diagnosis and treatment may be deferred until future visits. While it is possible for some treatments to be rapid and effective on the first visit, naturopathic care more often involves repeated visits. The course of treatment is always discussed during each visit and individualised to the patient.

#### **Patient Confidentiality**

Dr. St. Arnault is required to maintain patient confidentiality as per the bylaws of the College of Naturopathic Physicians of BC (CNPBC). Your personal information is collected for the purpose of providing health care and for administrative purposes. It will not be disclosed for other purposes without your consent other than for reasons stated in the bylaws of the CNPBC. A copy of these bylaws may be found at the CNPBC website ([www.cnpbc.bc.ca](http://www.cnpbc.bc.ca)) or we will print a copy of the relevant section for you at your request.

#### **Payment and Cancellation Policy**

Dr. St. Arnault does not collect payment from MSP. You are responsible for full payment for any fees incurred during your visit at the end of the visit. If you are on income assistance and will be applying for reimbursement from MSP then a claim form will be filled out and a copy will be given for you to submit. If you are claiming reimbursement from an extended medical plan then the standard receipt that you will be supplied should be sufficient for your provider to process your reimbursement.

Dr. St. Arnault requires at least 24 hours notice if you wish to cancel or re-schedule an appointment or you will be charged for the time set aside and, in the case of a scheduled treatment, the cost of non-reusable products prepared for that treatment. Notice of cancellation or re-scheduling must be given during regular clinic hours or prior to regular clinic hours covering this 24 hour period.

#### **Visit Fees:**

Initial 1hr Consultation: \$156.00 + GST  
1/2hr Follow-up Visit: \$72.00 + GST

Product Purchases:

All product purchases are final, and for health reasons, cannot be returned or exchanged.

Informed Consent for Specialised Treatments:

As a diagnosis is made and treatment options are presented, Dr. St. Arnault will either have you sign a consent form or verbally agree to the proposed treatment options. Scheduling an appointment for a specific treatment will be considered consent to that treatment. Before consent is obtained, the practitioner will ensure you are informed of the risks, benefits, cost, and adverse effects of the proposed treatment. If there are any relevant alternative treatments for your diagnosed condition the practitioner will also inform you of the possible risks, benefits and adverse effects of those treatments, along with the risks of not treating the diagnosed condition. You have the right to refuse or withdraw consent to any treatment at any time.

I, \_\_\_\_\_, have read, understand, and agree to the above policies of Dr. Rae Nicole St. Arnault, ND.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness (signed): \_\_\_\_\_

Witness (printed): \_\_\_\_\_